

RULES AND REGULATIONS

Please observe the following rules and regulations to ensure a safe ride for everyone.

- **This is not a race.**
- **Helmets are mandatory.** Cyclists must wear an approved cycling helmet. Chin straps must be buckled at all times when on the course.
- **Carry I.D.** It is recommended that all participants carry a personal ID and health insurance card in case of emergency.
- **Obey traffic laws.** All cyclists are personally responsible for obeying all traffic laws; this includes traffic lights and stop signs.
- **Ride safely.** Unless passing another rider, ride on the right side of the solid white line as far as possible. Before passing another rider, announce yourself by the words “passing on the left” and ensure there is no vehicular traffic approaching from either direction.
- **Ride in single file.** Please be aware there may be obstacles on the course. Ride defensively. You are responsible for your own safety.
- **Personal support vehicles will not be allowed on the course.** If you are found to have a personal support vehicle you will be asked to leave the event.
- **No unregistered individuals.** This is a charity event! Unregistered rides will be excluded from activities.
- **Acceptable bicycles.** Two-wheeled bicycles only. Triathlon/time trial bikes will be allowed however riding in the aero position when in groups or passing other cyclists is prohibited for safety reasons. Child carriers, trailers or motorized vehicles of any kind are prohibited.
- **Event Cancellation.** The ride directors and local law enforcement have the authority to modify or cancel the event in the event of unsafe conditions. The ride directors reserve the right to modify, postpone, shorten or re-route the event at any time either on their own judgment or if instructed by local law enforcement personnel. Entry fees are not refundable.
- **Rain or Shine.** This event will proceed in the event of rain so please come prepared.
- **Out and back course.** If you decide you do not want to complete the distance you signed up for, we would suggest that you turn back early.
- **Event Cut-off time.** Any participant on the course after 8:30 pm will not be supported. The event is finished at 8:30 pm.
- **Under 18 Riders:** All riders under the age of 18 **must** have a waiver signed by a parent/guardian and submitted at the time of package pick-up (waiver can be printed from website).
- **iPods and other headphones are not allowed while on the course.**